

Seeking individuals with a history of substance abuse who were released into Newark from incarceration (no more than 4 years since release date) to participate in the evaluation of a new community based intervention to prevent substance abuse, related health-risk behaviors, and re-offending entitled:

Community Wise: Implementation and Feasibility

THE INTERVENTION: 12 weekly, closed group sessions each lasting 2 hours. There are 3 steps: First, a facilitator encourages the group to apply critical thinking to identify and define their community and individual problems. Next, the group reflects on the issues that explain, maintain, and justify the problems within the context of oppression they experience. Finally, the group reflects on possible solutions, identifies goals, and takes action to resolve the problems through social change projects.

Participants will receive up to \$90 over 3 months to complete study interviews. Participants will also receive the potential benefits of the free intervention which include improved health, mental health, and community engagement.

For more information, please contact Dr. Liliane Windsor, the Principal Investigator at (732) 484-1949/ (973) 289-8243 or at lwindsor@ssw.rutgers.edu

Participants must be 18 or older, speak English, and live in Essex County, NJ.

Participation is confidential and voluntary.